After care tattoo

Tips and guidelines



Recommended ointment: Cicaplast B5 or Bepanthol cream.

Bepanthol is more suitable for those with drier skin. These ointments are available at the pharmacy.

Healing period for your tattoo: +/- 3 weeks.

Color or filled-in black areas may heal slower than line work.

Strongly advised against for a minimum of 3 weeks: swimming, sunbathing,

bathing, wellness activities, spending time in a dirty environment (e.g., renovation, scout camp, festival, ...) Also, avoid sports (intense sweating) for the first week.

Summer/Vacation tip:

For summer, consider purchasing Cicaplast with SPF or use a skin-friendly sunscreen to protect your tattoo from the sun. Use it from 3 weeks after getting your new tattoo. For the first 3 weeks, use regular Cicaplast or Bepanthol without SPF and keep the tattoo out of the sun.

Protecting your tattoo from the sun (long-term) prevents infections, fading, or blurring of tattoo lines!

-> How to care for your tattoo with Second Skin (plaster*)?

*You don't need to provide the plaster yourself; it will be explained in the studio.

This plaster protects your skin from friction and provides a waterproof, protective barrier that prevents infections. Do not use if you have allergies to other plasters, adhesives, or very sensitive skin

Leave the plaster on the fresh tattoo for at least 3 days.

(Some wound fluid and ink may come out of the wound - no reason to panic)

- Gently remove the plaster under lukewarm running water (shower, tap)
- Rinse until the wound is clean. Optionally, wash with a skin-friendly soap.
- After rinsing, let it air dry or pat dry with a clean towel.
- Start applying the ointment. (See below*)

-> How to care for the tattoo with ointment?

If no plaster:

- Leave the foil on the fresh tattoo for about 2 hours.
- Rinse the wound afterwards under running lukewarm water (shower or tap)
- After rinsing, let it air dry or pat dry with a clean towel.
- Start applying the ointment. (See below)

If you have a plaster (continued):

- Apply a thin layer of ointment 2 to 3 times a day for at least 3 weeks.
- Always apply the tattoo with clean hands. If your tattoo still seems dry or appears to be peeling?
- Feel free to apply a little more, but also give the tattoo enough rest.
- Too much touching can cause irritation to the wound.

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When in doubt, always contact the artist.

Good luck! Stieve &